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NBCOT - Occupational Therapist Registered (OTR)

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Question: 844

Which communication method is most effective for sharing real-time updates during interprofessional team meetings?

- A. Written reports
- B. Verbal updates
- C. Email summaries
- D. Social media posts

Answer: B

Explanation: Verbal updates during team meetings allow for immediate feedback and discussion, facilitating effective communication and collaboration among team members.

Question: 845

What is the purpose of the Medicare Home Health Benefit in relation to occupational therapy services?

- A. To provide unlimited coverage for all OT services
- B. To restrict OT services to outpatient settings only
- C. To support clients in their own homes by covering necessary therapy services
- D. To eliminate the need for documentation

Answer: C

Explanation: The Medicare Home Health Benefit allows coverage for necessary therapy services to support clients in their homes, promoting independence.

Question: 846

What is a significant advantage of using visual aids in health education?

- A. They complicate the learning process
- B. They cater to various learning styles and enhance understanding
- C. They replace the need for verbal explanations
- D. They limit client interaction

Answer: B

Explanation: Visual aids cater to various learning styles and enhance understanding, making health information more accessible and engaging for clients.

Question: 847

Which outcome measure is most effective for evaluating a client's readiness to return to work after a stroke?

- A. FIM
- B. Work Environment Impact Scale
- C. Canadian Occupational Performance Measure
- D. Functional Capacity Evaluation (FCE)

Answer: D

Explanation: The Functional Capacity Evaluation assesses an individual's physical and functional capabilities in relation to job demands, making it ideal for evaluating readiness to return to work.

Question: 848

What is the most important consideration for an occupational therapist when working with a client experiencing suicidal ideation?

- A. Discussing the client's past experiences in detail
- B. Encouraging social engagement immediately
- C. Establishing a safety plan with clear coping strategies
- D. Focusing on physical rehabilitation only

Answer: C

Explanation: Establishing a safety plan with clear coping strategies is critical in ensuring the client's immediate safety and providing tools for managing suicidal thoughts.

Question: 849

Which of the following is NOT a requirement for state licensure for occupational therapists in the United States?

- A. Completion of an accredited OT program
- B. Membership in AOTA
- C. Continued education units (CEUs)
- D. Passing the NBCOT certification exam

Answer: B

Explanation: While AOTA membership can be beneficial, it is not a requirement for state licensure.

Question: 850

When assessing a client's occupational engagement, which factor should be considered first?

- A. Medication side effects

- B. Environmental barriers
- C. Client's personal goals
- D. Family dynamics

Answer: C

Explanation: Understanding the client's personal goals is fundamental, as it directly informs the relevance of the assessment and subsequent interventions.

Question: 851

Which biomechanical consideration is vital when fabricating an orthotic device for a patient with arthritis?

- A. Joint immobilization
- B. Weight distribution
- C. Material flexibility
- D. Temperature regulation

Answer: B

Explanation: Weight distribution is crucial to minimize stress on affected joints and enhance comfort for patients with arthritis when using orthotic devices.

Question: 852

Which precaution should an occupational therapist consider when treating a client post-knee surgery?

- A. Monitoring for signs of infection at the surgical site
- B. Encouraging full weight-bearing immediately
- C. Limiting all physical activity
- D. Avoiding any range of motion exercises

Answer: A

Explanation: Monitoring for signs of infection is essential to ensure safe recovery and identify complications early in the rehabilitation process.

Question: 853

In individuals with rheumatoid arthritis, which of the following is a common sign that may limit occupational performance?

- A. Symmetrical joint pain
- B. Increased joint flexibility
- C. Enhanced grip strength
- D. Complete independence

Answer: A

Explanation: Symmetrical joint pain is characteristic of rheumatoid arthritis and can significantly limit an individual's ability to perform daily tasks.

Question: 854

A patient experiences a seizure during a therapy session. What is the first action an occupational therapist should take?

- A. Restrain the patient to prevent injury
- B. Place a spoon in the patient's mouth
- C. Move objects away from the patient
- D. Leave the room to get help

Answer: C

Explanation: Moving objects away from the patient helps prevent injury during a seizure. Restraining or placing objects in the mouth can lead to further harm.

Question: 855

Which of the following is an example of a method to enhance informed decision-making?

- A. Providing a detailed clinical report without explanation
- B. Limiting client involvement in the decision process
- C. Discussing options and encouraging questions
- D. Relying solely on the therapist's recommendations

Answer: C

Explanation: Discussing options and encouraging questions promotes informed decision-making, allowing clients to engage actively in their care.

Question: 856

What client factor is most critical in determining the successful use of assistive technology?

- A. Developmental, physical, and cognitive status
- B. Aesthetic preferences
- C. Cost of the technology
- D. Brand name

Answer: A

Explanation: The individual's developmental, physical, and cognitive status significantly impacts their ability to effectively use and maintain assistive technology.

Question: 857

What is the primary benefit of using a sliding board for transfers?

- A. It eliminates the need for assistance
- B. It reduces the distance of the transfer
- C. It is less costly than other methods
- D. It allows for smoother movement across surfaces

Answer: D

Explanation: A sliding board allows for smoother movement across surfaces, reducing friction and making the transfer easier and safer for the client.

Question: 858

During a therapy session, a client demonstrates increased anxiety when discussing their rehabilitation goals. What is the most appropriate initial response from the occupational therapist?

- A. Encourage the client to express their feelings
- B. Redirect the conversation to physical tasks
- C. Reassure the client that they will improve
- D. Explain the importance of setting goals

Answer: A

Explanation: Allowing the client to express their feelings can help them process their anxiety and can lead to more effective interventions tailored to their emotional needs.

Question: 859

Which of the following is a characteristic of the moderate stage of dementia?

- A. Complete independence in daily activities
- B. Difficulty with recognition and memory
- C. Enhanced problem-solving abilities
- D. Improved physical functioning

Answer: B

Explanation: In the moderate stage of dementia, individuals often experience significant difficulty with recognition and memory, affecting their ability to perform daily tasks.

Question: 860

When fitting a client for a wheelchair, which biomechanical consideration is most important?

- A. The color of the upholstery
- B. The tire size
- C. The manufacturer's brand
- D. The angle of the seat and backrest

Answer: D

Explanation: The angle of the seat and backrest directly affects posture, comfort, and pressure distribution, making it a key biomechanical consideration.

Question: 861

What is a potential consequence of failing to monitor client outcomes effectively?

- A. Improved client satisfaction

- B. Increased therapy duration
- C. Inability to demonstrate therapy effectiveness
- D. Enhanced client engagement

Answer: C

Explanation: Inability to demonstrate therapy effectiveness can lead to questions about the value of the interventions and hinder the justification for ongoing or future therapy services.

Question: 862

Which of the following is a common psychosocial factor that may affect occupational performance in individuals with chronic pain?

- A. Increased social support
- B. Feelings of isolation
- C. Heightened motivation
- D. Improved coping mechanisms

Answer: B

Explanation: Chronic pain often leads to feelings of isolation, which can significantly hinder an individual's ability to engage in social and occupational activities.

Question: 863

Which aspect of ergonomics focuses on the interaction between people and the systems they use?

- A. Task analysis

- B. Environmental design
- C. Cognitive ergonomics
- D. Physical ergonomics

Answer: C

Explanation: Cognitive ergonomics studies how people interact with systems, including the mental processes involved, which is vital for designing effective work environments.

Question: 864

Which of the following should an occupational therapist consider when adapting an intervention plan for a client who has experienced a traumatic brain injury?

- A. The client's physical therapy goals
- B. The client's pre-injury occupational roles
- C. The client's nutritional needs
- D. The client's family history of neurological disorders

Answer: B

Explanation: Understanding the client's pre-injury roles allows the therapist to tailor interventions that are meaningful and relevant to the client's life, promoting better engagement and outcomes.



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